Rouse HS

Wrestling (C)



2025 RHS Wrestling Fundamentals (Incoming 3rd-9th graders)

Please show up early to give time to put shoes on and begin warming up promptly at 6pm.

Camp Start Date: June 2, 2025 Start Time: 6:00:00 PM

Camp End Date: June 5, 2025 End Time: 8:00:00 PM

Venue Name: RHS Wrestling room

Venue Address: 1222 Raider Way, Leander, TX 78641

Camp Cost: \$60.00

Questions: Darren Allen Darren.Allen@leanderisd.org

Special Notes:

This camp is designed for athletes to learn and drill the basics of wrestling. We will learn technique, play wrestling games, and do a little live wrestling. Please bring a water bottle and wrestling shoes if you have them. If you do not have wrestling shoes, you may borrow a pair or wrestle in your socks. Campers who are incoming 5th graders or older are encouraged to register for our elite camp as well.