

Vandegrift HS

Volleyball (F)



2025 Lady Viper Volleyball Team Camp

Incoming 9th-12th

Camp Start Date: July 29, 2025

Start Time: 9:00:00 AM

Camp End Date: July 30, 2025

End Time: 4:00:00 PM

Date Details: Tuesday will have two sessions - 9:00 AM - 12:00 PM & 2:00 - 4:00 PM, Wednesday will end after the first session.

Venue Name: VHS Main Gym

Venue Address: 9500 McNeil Drive, Austin, TX 78750

Camp Cost: \$90.00

Questions: Melissa Southall, EXT 12352 melissa.southall@leanderisd.org (512) 570 - 2300

Special Notes:

This intense camp mimics the volleyball preseason regiment. The purpose of this camp is to prepare returning Viper volleyball players, incoming freshman and new students planning to try-out for a VHS team on August 1st. The camp will be run by outside coaches from Austin Skyline and the focus will be on preparation for try outs, Vandegrift offensive and defensive systems, and competing at a higher level. Athletes will need shorts, court shoes, t-shirts, and kneepads. Bring a water bottle and snacks, the school has a water fountain.