

Leander HS

Strength and Conditioning (F)



## 2024 Lady Lion Champions Course

**Camp Start Date:** June 3, 2024

**Start Time:** 8:00:00 AM

**Camp End Date:** August 1, 2024

**End Time:** 10:00:00 AM

**Date Details:** Strength and conditioning camp for female athletes grades 7-12

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**Venue Name:** LHS Weight Room

**Venue Address:** 3301 S. Bagdad, Leander, TX 78641

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**Camp Cost:** \$175.00

**Questions:** Bradley Weese [Bradley.weese@leanderisd.org](mailto:Bradley.weese@leanderisd.org) (806) 777 - 8736